

## Local contact list – We know you will make the right call

This contact list can be displayed within your local community and populated with local youth services contact phone numbers, email addresses or websites. You are welcome to use this template or create your own.

You can access a copy on our website by visiting [yay.org.au](http://yay.org.au)



# DROP THE KNIFE SAVE A LIFE



## WE KNOW YOU WILL MAKE THE RIGHT CALL

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### Mental Health Services

**Monash Mental Health triage- Emergency  
Psychiatric Services**

Phone: 1300 369 012  
Address: 246 Clayton Rd, Clayton VIC 3168

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**Mid West Mental Health**

Phone: 03 9288 7000  
Address: 4A Devonshire Rd, Sunshine VIC 3020

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**North Western Mental Health Triage- Emergency  
Psychiatric Services**

Phone: 1300 874 243  
Address: 300 Grattan St, Parkville VIC 3050

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**Orygen Youth Health**

Orygen Triage (New referrals to OYH) Phone: 1800 888 320  
Orygen Specialist Program (General enquiries, current clients etc.) General Enquiries: Ph (03) 9966 9100

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**Beyond Blue**

Phone: 1300 22 4636 (24/7)  
Website: [beyondblue.org.au](http://beyondblue.org.au)

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**Lifeline**

Phone: 13 11 14 (24/7)  
Website: [lifeline.org.au](http://lifeline.org.au)

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**Suicide Call Back Service**

Phone: 1300 659 467  
Website: [suicidcallback.org.au](http://suicidcallback.org.au)

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**Mensline Australia**

Phone: 1300 789 978  
Website: [Mensline.org.au](http://Mensline.org.au)

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**Kids Helpline**

Phone: 1800 551 800  
Website: [kidshelpline.com.au](http://kidshelpline.com.au)

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**Embrace Multicultural Mental Health**

Phone: (02) 6285 3100  
Website: [multicultural@mhaustralia.org](mailto:multicultural@mhaustralia.org)

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**Foundation House**

Phone: (03) 9389 8900  
Email: [info@foundationhouse.org.au](mailto:info@foundationhouse.org.au)

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### Drug and Alcohol Abuse Services

**Centre for culture, ethnicity, and health- Multicultural  
AOD Team**

Phone: 1800 888 236 (24/7)  
Email: [mdapadmin@ceh.org.au](mailto:mdapadmin@ceh.org.au)  
Referral Form: [bit.ly/3EsH7Q4](http://bit.ly/3EsH7Q4)

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**Youth Drugs and Alcohol Advice (YoDAA)**

Phone: 1800 458 685  
Website: [yodaa.org.au](http://yodaa.org.au)

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**Youth Support and Advocacy Service (YSAS)**

Phone: (03) 9415 8881  
Website: [ysas.org.au](http://ysas.org.au)  
Address: 1/131 Johnston St, Fitzroy VIC 3065

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**Western Health - Drug Health Services**

Phone: 8345 6682  
Address: 3 - 7 Eleanor Street, Footscray 3011

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**Cohealth - Family Drug Support**

Phone: 8345 6682  
Website: [cohealth.org.au](http://cohealth.org.au)  
Address: 215 Nicholson St, Footscray VIC 3011

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**Odyssey House Victoria**

Phone: (03) 9420 7600  
Website: [odyssey.org.au](http://odyssey.org.au)  
Address: 660 Bridge Rd, Richmond VIC 3121